

### What is urethritis?

Urethritis means an inflammation of a male's urethra (the pee tube). It is often called NSU or NGU. It is usually due to a sexually transmitted infection (STI) such as chlamydia or gonorrhoea.

### How does someone get urethritis?

Urethritis can be caught by having vaginal, anal or oral sex without a condom, or sex play.

If you use a condom every time you have sex you are much less likely to get urethritis.

### How do I know if I have urethritis?

Symptoms can include:

- Discharge leaking from the urethra.
- Pain or discomfort when urinating.
- Itching in the urethra.

### How do I get tested?

You need to see your doctor, nurse or sexual health clinic for a check-up. You will need a swab test from the urethra and will need to do a urine test.

It may be embarrassing, but it is better to get checked than to have untreated urethritis.

### How do I get treated?

Urethritis is usually treated with tablets. Sometimes you may need an injection.

### Important advice

- Finish all the tablets, even if you feel better.
- You should use condoms for 7 days after treatment, so you don't pass the infection onto someone else.
- You need to tell anyone you have had sex with in the last 2 months to get a sexual health check and treatment. Use a condom if you have sex with your partner(s) until 7 days after they have been treated, or you may get urethritis back again.
- We recommend you have another sexual health check in 3 months, just to make sure you are all clear.

### Important information

- Urethritis is an inflammation of the urethra (the pee tube).
- It is usually due to a sexually transmitted infection (STI) such as chlamydia or gonorrhoea.
- Symptoms can include discharge, pain when urinating, or itching.
- It is treated with antibiotics.
- You need to tell anyone you have had sex with in the last 2 months to get a sexual health check and treatment.
- You should use condoms or avoid sex for 7 days after you have been treated, so you don't pass the infection on to someone else.