

## Management of sexual contacts of a person diagnosed with PID

Date \_\_\_\_\_

Dear Dr \_\_\_\_\_

Your patient has been a contact of a person diagnosed with PID. Please screen for sexually transmitted infections including pharyngeal and/or anorectal swabs as indicated, as well as serology for syphilis and HIV (and targeted hepatitis B and C – see Sexual Health Check guideline [www.nzshs.org/guidelines](http://www.nzshs.org/guidelines)).

New Zealand guidelines recommend empiric treatment of sexual contacts, *irrespective of negative test results*.

Treatment is with Azithromycin 1.0 grams orally as a stat dose or Doxycycline 100mg twice a day orally for 1 week plus condoms.

Gonorrhoea or chlamydia diagnosed on testing should be treated accordingly. (See NZ Sexual Health Society guidelines [www.nzshs.org/guidelines](http://www.nzshs.org/guidelines)).

Abstinence from sexual intercourse is strongly recommended for 2 weeks after initiation of treatment, and until 1 week after sexual contact/s in the last 3 months have been treated (see Partner Notification/Contact Tracing guideline – [www.nzshs.org/guidelines](http://www.nzshs.org/guidelines)). If abstinence cannot be achieved condoms must be used, including for oral sex.

Sincerely,