

Recommended tests – Females

Symptomatic

Speculum examination is required for clinical assessment if symptoms of vaginal discharge, abnormal bleeding or pelvic pain are present, or is a contact of gonorrhoea

- Vulvovaginal swab for chlamydia and gonorrhoea testing by NAAT (e.g. PCR or SDA) prior to speculum insertion
- Endocervical culture swab for gonorrhoea.
- High vaginal culture swab for trichomoniasis/candida/BV
- Anorectal swab for chlamydia and gonorrhoea testing by NAAT as indicated based on sexual history

Asymptomatic, opportunistic testing or declines examination

- Self-collected vulvovaginal swab for chlamydia and gonorrhoea testing by NAAT

Plus serology: HIV, syphilis, hepatitis B. Hepatitis C if history of injecting drug use or incarceration.

Note: Most laboratories are automatically performing dual NAAT testing for chlamydia and gonorrhoea – false positives for gonorrhoea possible in low prevalence populations.

Recommended tests – Males

Symptomatic

- Urethritis symptoms or a contact of gonorrhoea
- Urethral swab for gonorrhoea culture followed by:
 - First void urine for chlamydia and gonorrhoea testing by NAAT (e.g. PCR or SDA)

Asymptomatic or opportunistic testing

- First void urine for chlamydia testing by NAAT

Plus serology: HIV, syphilis, hepatitis B. Hepatitis C if history of injecting drug use or incarceration

Note: Most laboratories are automatically performing dual NAAT testing for chlamydia and gonorrhoea – false positives for gonorrhoea possible in low prevalence populations.

Recommended tests – Men who have sex with men (MSM)

As for male testing +/-

- Pharyngeal swab for chlamydia and gonorrhoea testing by NAAT (e.g. PCR or SDA)
- Anorectal swab for chlamydia and gonorrhoea testing by NAAT
- If anorectal symptoms refer or discuss with a specialist sexual health clinic

Plus serology: HIV, syphilis, hepatitis A and B. Hepatitis C if HIV positive or history of injecting drug use.

- All MSM should be tested at least once a year
- All MSM who fall into one or more categories below require testing up to 4 times a year
 - Any unprotected anal sex
 - More than 10 sexual partners in 6 months
 - Participate in group sex
 - Are HIV positive
 - Use recreational drugs during sex

Further guideline information – www.nzshs.org or phone local sexual health service.