

**Management of sexual contacts of a person diagnosed with  
Epididymo-orchitis**

Date \_\_\_\_\_

Dear Dr \_\_\_\_\_

May we suggest that you screen for chlamydia, gonorrhoea, and other sexually transmissible infections, including pharyngeal and/or rectal swabs as indicated plus serology for syphilis, hepatitis B, and HIV.

New Zealand guidelines recommend empiric treatment of sexual partners, *irrespective of negative test results*.

Treatment is with Azithromycin 1 g orally as a stat dose or Doxycycline 100mg twice a day for 1 week plus condoms. If gonorrhoea is highly likely in the index case, add ceftriaxone 500 mg intramuscularly.

Gonorrhoea or chlamydia diagnosed on testing should be treated appropriately. See NZ Sexual Health Society at [www.nzshs.org](http://www.nzshs.org)

Abstinence from sexual intercourse is recommended until 14 days after initiation of epididymo-orchitis treatment and until 7 days after sexual contacts have been treated

Sincerely

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