

**Management of sexual contacts of a person diagnosed with
Trichomonas**

Date _____

Dear Dr _____

May we suggest that you screen for chlamydia, gonorrhoea, and other sexually transmissible infections, including pharyngeal and/or rectal swabs as indicated plus serology for syphilis, hepatitis B, and HIV.

New Zealand guidelines recommend empiric treatment of sexual contacts, *irrespective of negative test results*.

Treatment is with oral metronidazole 400mg twice a day for 1 week, or oral metronidazole 2g stat dose or oral ornidazole 1.5g stat dose plus condoms.

Gonorrhoea or Chlamydia diagnosed on testing should be treated appropriately. See NZ Sexual Health Society www.nzshs.org.

Abstinence from sexual intercourse is recommended until 1 week after sexual contacts have been treated.

Sincerely
