

**Management of sexual contacts of a person diagnosed with
PID**

Date _____

Dear Dr _____

May we suggest that you screen for chlamydia, gonorrhoea, and other sexually transmissible infections, including pharyngeal and/or rectal swabs as indicated plus serology for syphilis, hepatitis B, and HIV.

New Zealand guidelines recommend empiric treatment of sexual contacts, *irrespective of negative test results*.

Treatment is with Azithromycin 1.0 grams orally as a stat dose or Doxycycline 100mg twice a day for 1 week plus condoms.

Gonorrhoea or Chlamydia diagnosed on testing should be treated appropriately. See NZ Sexual Health Society www.nzshs.org.

Abstinence from sexual intercourse is recommended for 14 days after initiation of PID treatment and until 7 days after sexual contacts have been treated

Sincerely
