

**Management of sexual contacts of a person diagnosed with
Urethritis**

Date _____

Dear Dr _____

May we suggest that you screen for chlamydia, gonorrhoea, and other sexually transmissible infections, including pharyngeal and/or rectal swabs as indicated plus serology for syphilis, hepatitis B, and HIV.

New Zealand guidelines recommend empiric treatment of sexual contacts, *irrespective of negative test results*.

Treatment is with Azithromycin 1.0 grams orally as a stat dose or Doxycycline 100mg twice a day for 1 week plus condoms.

Gonorrhoea or Chlamydia diagnosed on testing should be treated appropriately. See NZ Sexual Health Society www.nzshs.org.

Abstinence from sexual intercourse is recommended until 1 week after sexual contacts have been treated.

Sincerely
